

Cottes releases second Fuller Hull album

By Andrea Geary

Jeffery Cottes, who performs alt-country and indie-folk under the stage name Fuller Hull, is fulfilling his musical passion with a second album release on July 24.

The recording – *The Unsuspected and Unstoppable* – is a follow-up to his debut album *March*, which was released in 2020. Both were recorded at Winnipeg studio Private Ear Recording.

“They’re kind of linked,” Cottes said. “Both are a response to the events of 2020 (pandemic) and

about figuring out how to move forward. It’s about adapting and reflecting on and highlighting the good parts of life.”

The album release event was held July 24 at the Handsome Daughter in Winnipeg. Performing with multi-instrumentalist Mike Erb, Matt Chaput on upright bass and drummer Cameron Denby, the quartet breezed through songs from both albums and music he plans to record next time around.

Future performances are scheduled at the Rendezvous Brewery and Taproom in Morden, Beausejour’s

BeauHead Arts Fest, and Manitoba Night Market at Assiniboia Downs later this summer.

Cottes, 53, said he’s excited about playing his original songs for new audiences.

“This year my focus is on getting out there,” he said.

His passion for music started in junior high when he first learned to play the guitar. He then took formal lessons and was in a Winnipeg band in his 20s. However, after earning a PhD in Public Policy, and starting his career in energy

conservation and a family with wife Andrea Swain, his music took a backseat for about 20 years.

The couple and their two children moved to a hobby farm in St. Ouens in the RM of Brokenhead in 2010. Cottes said he’s inspired by the beauty of his natural surroundings and often jots down song lyrics in his Hilroy scribbler.

His new recording includes 11 songs and Cottes said about half of them reflect his experiences growing up in Winnipeg, while the others reveal his love for his current home in rural

Manitoba.

“They’re all where city meets country.”

While he has performed solo in the past, *The Unsuspected and Unstoppable* features his new bandmates and guest musicians.

Asked which musicians inspire him, Cottes cited Saskatchewan country and western singer-songwriter Coulter Wall and American singer-songwriter Nathaniel Rateliff.

Cottes is grateful to be able to advance his musical career at this point in his life.

“Being an older per-

former just starting out is unusual. This is a second chance,” he said.

He encourages others to keep chasing their passion.

“If you think you’re done – you’re not. You can make it happen.”

The Unsuspected and Unstoppable will be available on the Fuller Hull Bandcamp page (fullerhull.bandcamp.com) as well as all streaming services, like Spotify, Apple Music and Amazon, etc.

More information on Cottes’ music and upcoming shows can be found at fullerhull.ca



Food Bank Funds

Photo submitted

In May, the École Edward Schreyer School Literary Arts Committee launched the fourth edition of their student led publication, *A Glimpse in Time*. Prior to the launch, a fundraising dinner was held with proceeds earmarked for the Beausejour and Area Food Bank. The committee recently presented a cheque for \$410.37 to the food bank. Pictured left to right: teacher Kelly Otto, food bank volunteers Susan Brand, Vi Creek, Patrice Gibson and Lucille Chay with ESS students Reese Fetterly and Ana Salamon.



Photo by Mark T. Buss

Jeffery Cottes’ new Fuller Hull album, *The Unsuspected and Unstoppable*, was released July 24 with a show at the Handsome Daughter in Winnipeg.

PUBLIC NOTICE / AVIS PUBLIC PROPOSED TELECOMMUNICATION TOWER / PROPOSITION DE TOUR DE TÉLÉCOMMUNICATION 2140 SPRINGFIELD ROAD, WINNIPEG MB

SUBJECT/SUJET:

Type: 50m Self-Support style tower / Structure de télécommunication autoportante

Location / Adresse: 2140 Springfield Rd, Winnipeg MB (Coordinates/Coordonnées: 49.929498, -96.998997)

Legal Description / Description légale: LOT 1, PLAN 22403 WLTO IN THE N.W. ¼ SEC. 16, TR 11, RGE. 4 E.P.M.

Facility / Installation: The facility will comprise a proposed 15m x 15m compound. / L’installation comprendra un complexe proposé de 15 mx 15 m.

Site: The structure will accommodate initial and future loading for all cellular providers, and additional fixed wireless equipment as required. / La structure peut accueillir le chargement initial et futur de tous les fournisseurs de services cellulaires, ainsi que de l’équipement supplémentaire sans fil fixe, au besoin.

Innovation, Science and Economic Development Canada (ISED) is the governing body for this type of installation and can be contacted at: / Innovation, Sciences et Développement économique Canada (ISDE) est l’organisme directeur de ce type d’installation et peut être contacté à l’adresse suivante:

ISED – Manitoba District Office / Bureau de district du Manitoba
400 St. Mary Avenue, 4th floor
Winnipeg, MB R3C 4K5
Tel: 1-800-665-3421 or 204-984-4257
Fax: 204-984-6045

Email: spectrumwinnipeg-winnipegsectre@ised-isde.gc.ca

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Further information may also be obtained through the following contact: / De plus amples informations peuvent également être obtenues auprès du contact suivant:

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146 Thirtieth Street, Suite 100
Etobicoke, ON, M8W 3C4
T: (647) 241-2788

E: municipal@slitowers.ca

MUNICIPAL CONTACT / CONTACT MUNICIPAL

Dan Doucet, C.E.T., C.B.C.O

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SITE LOCATION MAP / PLAN DE LOCALISATION DU SITE



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