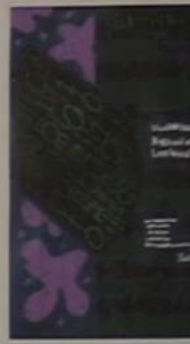


Improved Learning Through Reconnection & Balance



2023 - 2024







**Canadian Mental
Health Association**

Mental health for all

Self-Actualization
5

Resilience
5

Flexibility
4



Ability to Enjoy Life
3

Balance
3



Ability to Enjoy Life



Reconnection

Balance



Student Survey

September 2023

Staff PD

November 2023

December 2023

AI PD
Gifts

October 2023

Staff Analyzed Data



Classroom?

February 2024

Student Goal Setting

April 2024

March 2024

Student Gifts
Staff Dots

May 2024

Reflection and
Next Steps

